

NCTC Response Protocols Flow Chart for COVID-19 Exposures



WHAT TO DO IF A WORKER/STUDENT HAD CONTACT WITH A CONFIRMED COVID-19 CASE?

SCENARIO A:

No Close Contact and the individual is asymptomatic.
For example: If working on the same floor but have never been in contact with each other.

No further action is necessary.

SCENARIO B:

Close Contact (within 6 feet for more than 5 minutes without facial coverings). For example: If a spouse, caregiver, or close coworker is confirmed.

Individual is sent home. Supervisor, instructor, or NCTC Emergency Management should be notified. Anyone asked to leave should NOT return to work until:

- at least 10 days have passed since symptoms first appeared, AND,
- at least 3 days (72 hours) have passed since recovery defined as resolution of fever without the use of fever-reducing medications, AND,
- other symptoms have improved.

If individual develops no symptoms, they stay out of work for 10 days, the last 3 of which they must be symptom free.

If individual develops symptoms, he/she should seek medical attention and should remain away from work for 14 days.

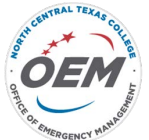
Individual may return after 14 days of self-quarantine, if he/she is:

- **symptom free for 72 hours before return, with no medications.**

If diagnosed/confirmed positive by a health care provider, he/she should follow CDC guidelines for self-isolation and return to work when directed to do so by their health care provider.

Symptoms of COVID-19 include:

- Fever
- Cough
- Shortness of breath or difficulty breathing
- Chills
- Repeated shaking with chills
- Muscle pain
- Headache
- Sore throat
- New loss of taste or smell



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WHAT TO DO IF A EMPLOYEE/STUDENT IS SICK?

SCENARIO A:

Individual is sick, but symptoms exhibited are not consistent with COVID-19.

Individual follows protocols consistent with NCTC policy for students or employees.

SCENARIO B:

Individual is exhibiting symptoms consistent with COVID-19.

Contact on-site Police or NCTC Emergency Management

Follow established communications plan to notify workforce

Individual is sent home. Supervisor or instructor is notified. He/she seeks medical attention; and if deemed necessary, is tested for COVID-19. Individual should make NCTC or instructor aware of diagnosis and follow direction of health care provider.

Individual **IS** diagnosed/
confirmed with COVID-19.

Individual:

- Stays home, self-isolates
- Seeks medical attention
- Remains out of work until:
 - » at least 10 days have passed since symptoms first appeared, **AND**,
 - » at least 3 days (72 hours) have passed since recovery defined as resolution of fever without the use of fever-reducing medications, **AND**,
 - » other symptoms have improved.
- NCTC may require clearance from a healthcare provider to return to work.

- Follow established communications plan to notify workforce.
- Investigate, contact trace, and establish if any other employees were in close contact with sick person and may need to self-quarantine for 14 days.
- Clean and disinfect the area(s).
- Identify corrective actions, if any, that can be taken for the future.

Individual is **NOT** diagnosed with COVID-19. Individual should follow direction of healthcare provider and CDC in order to return to work.

A negative COVID-19 test is not currently a definitive indication of non-infection.

Individual must remain at home until:

- at least 10 days have passed since symptoms first appeared, **AND**,
- at least 3 days (72 hours) have passed since recovery defined as resolution of fever without the use of fever-reducing medications, **AND**,
- other symptoms have improved.