

# NON-TEST-BASED STRATEGY FOR RELEASING CASES FROM HOME ISOLATION AND CONTACTS FROM QUARANTINE

Texas Department of State Health Services

Adapted from the Tennessee Department of Health  
Guidance applies to both confirmed and probable cases

## CASES

Must be isolated until at least 10 days have passed since symptom onset **and** at least 72 hours have passed since resolution of fever and improvement of symptoms.\*

### Examples:

- A case that has resolution of fever and improvement of symptoms starting on day 2 must remain isolated until day 10.
- A case that has resolution of fever and improvement of symptoms starting on day 7 can be released on day 10.
- A case that has resolution of fever and improvement of symptoms starting on day 10 can be released on day 13.



\*Individuals who might remain infectious longer than 10 days (e.g., severely immunocompromised) should consult with their healthcare provider before ending isolation.

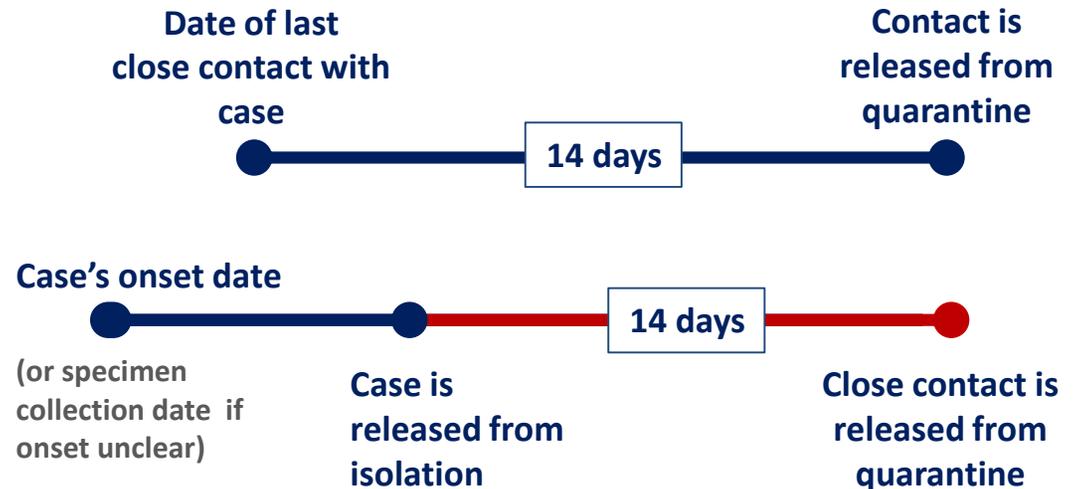
## CONTACTS

Must be quarantined for 14 days from the last day of close contact with the case.^

If close contact with the case continues for duration of illness (e.g., living in the same household and unable to isolate):

- Must be quarantined for 14 days from the date that the case is released from isolation.

*This means that certain close contacts may need to remain at home longer than the initial case.*



If a contact develops symptoms, they should self-isolate and follow instructions above for "cases."

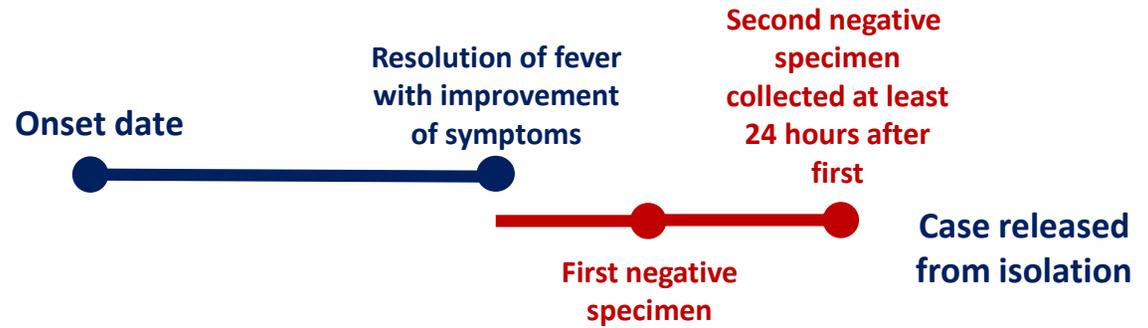
^Critical infrastructure workers who have had an exposure but remain asymptomatic may continue working while adhering to CDC guidance including pre-screening, regular monitoring, wearing a face mask or cloth face covering, social distancing, and disinfection of workspaces.

# TEST-BASED STRATEGIES FOR RELEASING CASES FROM HOME ISOLATION

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## SYMPTOMATIC CASES

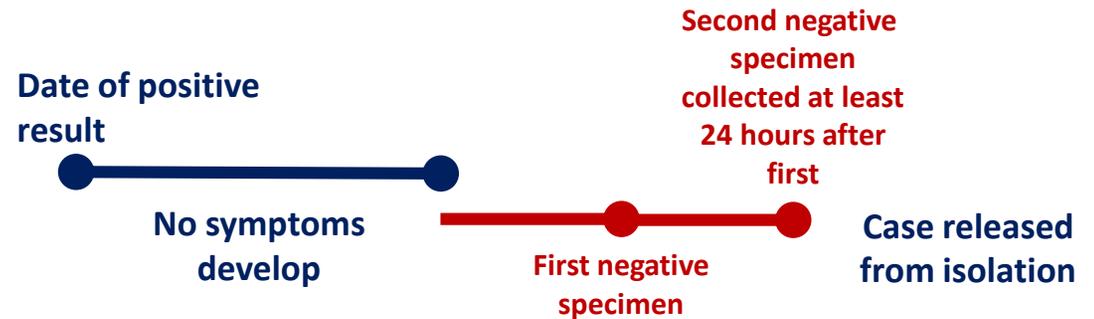
Must be isolated until resolution of fever (without the use of fever reducing medications) **and** improvement of respiratory symptoms, **and** after receiving negative results of an FDA Emergency Use Authorized molecular assay for COVID-19 from at least two consecutive respiratory specimens collected  $\geq 24$  hours apart (total of two negative specimens).



## ASYMPTOMATIC CASES

Must be isolated until after receiving negative results of an FDA Emergency Use Authorized molecular assay for COVID-19 from at least two consecutive respiratory specimens collected  $\geq 24$  hours apart (total of two negative specimens).

If the case develops symptoms, they should follow instructions above for "symptomatic cases."



## ADDITIONAL INFORMATION

There may be additional requirements for cases to be cleared to return to work if they work in a healthcare facility. Please refer to DSHS guidance for healthcare personnel returning to work. Healthcare personnel includes housekeeping, dietary, and other ancillary service providers.